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Following, a disappointing season last year, girls' Varsity soccer hopes to improve this season with the support of the students, staff, and parents.

The varsity girl's team will be starting the season November 4 with a game against Baker, who they tied last year with a score of 1-1. However, when the Seahawks played Baker in the districts, they lost with a score of 2-1.

Daniel Gross, coach of the varsity girl's soccer team is excited to win the first game, "The ideal outcome for the first game is to win and dominate!"

Many of the players feel as if the game against Baker will be one of the most exciting this season. "I am excited for the first game because it's against Ida Baker and we've lost and tied to them last year. So I think we have a really good chance with all the great players on our team," stated sophomore Emily Daniels.

Cape has lost many players this year to graduation. "We didn't have a choice on losing our seniors. I'm happy they graduated, the only alternative was getting held back," said Gross.

There are 11 returning players on the Varsity girls' soccer team. Even so, Gross remains optimistic about the team's future. "I think we'll improve because we have more talent than previous years and will continue to work hard to improve our level of play. The team is working hard to improve in all aspects of the game. We're a young team and should get better as the season goes along."

Practices are very important when it comes to preparing for the season. "I am looking forward to practice this year. The girls on our team are pretty funny and we always have a good time. Everyone is pretty talented so I'm kind of looking forward to how things work out," stated Kopale. "It's just a matter of passion. You've got to love the game, and it should be a team effort."

Despite the fun, practices are still a serious matter. "We have been a lot more serious this year and work every minute in practice," said McDonald.

Junior Carrie McDonald summarized the dominate feelings of the team, "I think we're going to have our ups and downs this year just as every team does, but I think we are going to have a winning season. We have a great group of girls this year who I feel will all go above and beyond for this team. I know everyone on this team wants to win and will go the extra mile to win."